

CURRICULAM VITAE

**Dr.Y. SRINIVASULU, Ph.D, M.Phil, TSSET,
M.Sc., M.P.Ed., P.G.DY., CCT,
VILLAGE: DHANWADA.
MANDAL: DHANWADA.
DISTRICT: MAHABUB NAGAR.
STATE: TELANGANA.
PIN CODE: 509205**



G-Mail: ysrinivas882sports@gmail.com Mobile no: 8074262189,

OBJECTIVE:

To offer my service in nurturing outstanding sports personalities and fulfilling the quality policy of the organization with my professional ability, dedication and sincerity.

EDUCATIONAL QUALIFICATION:

Examination	Name of the Institution	Board/ University	Year of Passing	% of Marks
Ph.D.	Sri Ramakrishna Mission Vidhyalaya Maruthi College of Physical Education (M.C.P.E) Coimbatore. (TN)	TNPESU Chennai	2017-20	76%
M.Phil	Sri Ramakrishna Mission Vidhyalaya Maruthi College of Physical Education (M.C.P.E) Coimbatore. (TN)	TNPESU Chennai	2013-14	77%
M.P.Ed.	Rayalaseema College of Physical Education Proddatur Kadapa (AP).	Yogi Vemana University (AP)	2011-13	82%
M.Sc. in Yoga	Tamilnadu Physical Education and Sports University Chennai.	TNPESU Chennai	2016-17	78%
B.P.Ed.	Govt College Physical Education (SSRGCPE.A.P) West Godavari	Andhra university	2010-11	76%

B.Sc.(Math's)	S.L.D.C. (Narayana pet). M.B.N.R.	Osmania University	2006-09	59%
Intermediate	Board of Intermediate	Board of Intermediate	2003-05	55%
SSC	ZPHS (Boys) Dhanwada	Board of Secondary School Education.	2003	76%

TECHNICAL QUALIFICATION:

- ✓ P.G Diploma in Yoga.
- ✓ M.Sc. in Yoga.
- ✓ Certificate course in Tennis.
- ✓ State level official in Kho-Kho and Kabaddi.
- ✓ To organized inter college tournaments at Palamuru University 2023-2024.
- ✓ To act as IUT Secretary in Palamuru University.

EXPERIENCE:

1. Total 7 years of experience in various colleges in physical education and department of physical education Palamuru University.
2. Total four years of experience acted as a external practical examiner under the Mahatma Gandhi University and Palamuru University.
 - ❖ Siddhartha College of Physical Education, Suryapet in the year 2nd may 2019.
 - ❖ Dr. M. M. R. College of Physical Education, Choutupal in the year 13th November 2019.
 - ❖ Sri Vasavi Raja Prathap College of Physical Education And Hasini College Of Physical Education 12th October 2023.
 - ❖ Shiva Reddy Memorial College of Physical Education 13th October 2023.
 - ❖ Sri Vasavi Raja Prathap College of Physical Education And Hasini College Of Physical Education 6th March 2024.

- ❖ Shiva Reddy Memorial College of Physical Education 7th March 2024.
- ❖ To participate sitting and flying squad duties. in general education and physical education various examination in palamuru university.
- ❖ To organized inter college tournaments in various games and sports as well as nominated as inter university tournaments secretary palamuru university for the year 2023-24.

❖ **JOURNALS AND ARTICLES PUBLICATION**

1. Combined effect of plyometric, own body resistance and medicine ball training on selected physiological variables of high school level volleyball players. **International journal of scientific research (2018)**. ISSN No: 2277-8179. www.worldwidejournals.com
2. Effect core muscle strength training on selected motor fitness variables of inter collegiate kabaddi players. **International journal of health, physical education and computer science in sports** .ISSN No: 2231-3265. www.ijhpecss.org.
3. Combined effect of plyometric, own body resistance and medicine ball training on selected motor fitness components of high school level volleyball players. **Asian journal of multidimensional research**. ISSN No: 2278-4853. www.tarj.in
4. Impact of yogic practices on physiological variables of pre adolescence of school girls. **Indian journal of applied research**. ISSN No: 2249-555X. www.ijar.in
5. Effect aerobic dance training and pranayama practices on forced vital capacity and forced expiratory volume of high school level boys of mahabub nagar district. **Indian journal of applied research**. ISSN No: 2321-676X. www.starresearchjournal.com

6. Effect specific training on selected motor fitness components of school level kabaddi players. **Indian institute of education and society.** ISSN No: 2278-6864. www.iiepune.org
7. Combined effect of plyometric, own body resistance and swiss ball training on selected body composition variables of high school level volleyball players. **Global journal for research anaysis .** ISSN No: 2277-8160. www.worldwidejournals.com
8. Effect of specific exercise training programme on selected physiological variables of kho-kho players. **A journal of historical research.** ISSN No: 0302-9832. www.shodhak.com
9. Effect aerobic dance training and pranayama practices on forced vital capacity and forced expiratory volume on high school boys of mahabubnagar district. **Star international journal,** ISSN No; 2321-676X. www.starresearchjournals.coM

❖ PAPER PUBLISHED IN UGC NATIONAL & INTERNATIONAL SEMINAR AND CONFERENCE

1. Comparative study of physical fitness and variables between college level basketball and volleyball players. ISBN No: 978-93-81830-48-2.
2. Effect of specific exercise training on selected skill performance variables of high school level male kho-kho players. ISBN No: 978-93-5156-565-9.
3. Combined effect of plyometric, own body resistance and medicine ball training on selected motor fitness components and body composition variables of high school level volleyball players. ISBN No: 978-81-923573-5-5.
4. Comparative analysis of selected body composition parameters among forest department sportsmen of various district of tamilnadu. ISBN No: 978-81-933583-9-9.

5. Combined effect of plyometric, own body resistance and medicine ball training on selected arm strength and abdominal muscular strength endurance of high school level volleyball players. ISBN No: 978-93-5300-491-0.
6. Effect of specific training programme on selected physiological variables of high school level male kho-kho players. ISBN No: 978-93-91930-36-2.
7. Participated in "**25th PAN ASIAN CONFERENCE OF SPORTS AND PHYSICAL EDUCATION**" Organized by Indian federation of computer science in sports pan- Asian society of sports of physical education at Osmania University. 08th to 10th august 2014.
8. Participated National Seminar On Road Map To 2020 Olympics. Use of technology in sports – An over view. 27th&28th February 2017.
9. Participated National Seminar On Characteristics Of An Ideal Physical Education Teacher. 22nd&23rd October 2010.

❖ **WORK SHOP ON NATIONAL AND INTERNATIONAL LEVEL PARTICIPATION:**

- ❖ Participated in **WORKSHOP ON OFFICIATING AND COACHING IN BASKETBALL AND VOLLEYBALL.** Organized by Maruthi College Physical Education, Coimbatore.
- ❖ Participated in **WORKSHOP ON OFFICIATING AND COACHING IN ATHLETICS.** Organized by Vivekananda University.
- ❖ Participated in **WORKSHOP ON OFFICIATING AND COACHING IN KABADDI.** Organized by Rayalaseema College of Physical Education, proddature Kadapa.
- ❖ Participated in **WORKSHOP ON OFFICIATING AND COACHING IN KHO-KHO.** Organized by Maruthi College Physical Education, Coimbatore.

- ❖ Participated in **THE INTERNATIONAL WORKSHOP ON YOGA PHYSICAL EDUCATION AND SPORTS SCIENCE ON 29TH AND 30TH JUNE – 2019 HELD AT NIZAM COLLEGE OSMANIA UNIVERSITY, HYDERABAD. T.S INDIA.**
- ❖ Participated in **INTERNATIONAL WORKSHOP ON RECENT TRENDS IN PHYSICAL EDUCATION AND SPORTS SCIENCE – 2024.** Organized by department of physical education, Palamuru University and international federation of physical education fitness and sports science association on march 10th 2024.
- ❖ Participated in **NATIONAL SEMINAR ON EMERGING TRENDS IN PHYSICAL EDUCATION AND SPORTS SCIENCES AND THEIR ROLE IN IMPROVING THE PERFORMANCE OF SPORTS.** Organized by the department of physical education, Padmavathi Mahila University, Tirupathi (AP).
- ❖ Participated **NAAC SPONSORED NATIONAL SEMINAR ON TEACHING AND LEARNING IN PHYSICAL EDUCATION QUALITY CONCERNS.** Conducted by the Sri Ramakrishna Mission Vidyalaya, Maruthi College Of Physical Education Coimbatore.

❖ **RESEARCH EXPERIENCE IN PHYSICAL EDUCATION**

Total six years experience in research project:

- ❖ **M. Sc yoga** in two years of experience. At Tamilnadu Physical Education And Sports University, Chennai.
- ❖ **M.P.Ed in one year of experience.** At Rayalaseema College Of Physical Education. Kadapa, Andhra Pradesh.
- ❖ **M.Phil** in department of physical education one year of experience.
- ❖ **Ph.D** in department of physical education three years of experience. At Ramakrishna Mission Vidyalaya Maruthi College Of Physical Education Research Laboratory Coimbatore, Tamilnadu.

❖ **CERTIFICATE HONOUR**

- ❖ Participated in **INTERNATIONAL WORKSHOP ON RECENT TRENDS IN PHYSICAL EDUCATION AND SPORTS SCIENCE – 2024.** Organized by department of physical education, Palamuru University and international federation of physical education fitness and sports science association on march 10th 2024. For being Speaker.
- ❖ Participated as a tester in telangana physical education common entrance test – 2024. Held at Satavahana University from 10th to 13th June 2024 Karimnagar, Telangana.

PROFICIENCY IN SPORTS:

1. Participation in school games (SGFI) at state level in Cricket and got the silver Medal Vijayawada, Andhrapradesh.
2. Participation in school games (SGFI) at state level in Kho-Kho.
3. Participation in inter university tournament in Kho-kho.
4. Participation in inter college tournament in Kabaddi.
5. Participated at inter university tournament in Cricket Coach from Palamuru University.
6. Participated at inter university tournament in Kho-Kho Coach from Palamuru University.

EXTRA CURRICULAR ACTIVITY:

- ❖ Leziems and other Cultural activities.
- ❖ Mass Drill Activities.
- ❖ State level official in Kho-Kho.

PERSONAL INFORMATION:

Name : Dr. Y. Srinivasulu
Father's name : Y. Balaiah
Date of birth : 05.06.1988
Languages known : Telugu, Hindi, English and Tamil
Sex : Male
Nationality : Indian
Religion : Hindu
Marital status : Married

DECLARATION:

I hereby declare that all above stated information are true and correct to the best of my knowledge and belief.

Place: Mahabubnagar.

Date: 18.07.2024.

Yours faithfully,

(Dr. Y.SRINIVASULU)